



PEDAL CAR RACING

DESIGN, BUILD AND RACE

YOU OWN PEDAL CAR

2023



Pedal Car Racing

Is a great opportunity for family and friends to come together to create, build and race in a fun, family-friendly environment.

Teams can be made up from

Schools, Colleges, Universities and workplace

There are a number of categories which will suit all entrants including,

Team of 2 teenagers 13yrs to 18yrs and 2 adults, made up of 2 pedallers and 2 crew; **or** Team consists of 4 pedallers.

Motors are not permitted in the pedal cars, nor can they have any protruding parts. **They must be no longer than 3 metres in length and 1.125 metres in width.** Cars must have 4 wheels, disc or drum brakes and one steering wheel at the front. **Maximum height of car and seated driver (including helmet):**

1050mm (to clear timing gantry) During [the event](#), competitors must wear a bicycle helmet, gloves, eye protection and sturdy footwear. Create and decorate your creation and prizes may be awarded for fundraising efforts as well as the best-decorated vehicle, as decided by the public.

Pedal Car Specification

For anyone designing a new car, or modifying an existing vehicle, the following technical specifications must be followed if you wish to enter any IRISH event. Plate Requirements and any other pertinent documents and information. These define, for example, type of lights to be used during darkness, number plate colours and other mandatory class markings, etc.

Pedals, chainrings, number plate mounting spikes and the like are all considered "... protruding parts, which in the opinion of the scrutineers could cause damage or injury..." (rule 10.2) if not suitably protected (rule 10.4)

1. Number of Road Wheels Four, all functional and load bearing.

2. Configuration of Road Wheels Conventionally arranged in two pairs.

3. Dimensions

3.1. Maximum overall length: 3000mm

3.2. Maximum overall width: 1125mm

3.3. Maximum overall wheel diameter (measured over the inflated tyre): 560mm.

3.4. Maximum height of uncompressed seat cushion (above ground level): 400mm

3.5. Minimum distance between the centre of the wheels (track width) measured between the contact patches of the tyres on the ground: 650mm EXCEPT where the height of uncompressed seat cushion is 200mm or less whereby the minimum track of 1 pair of wheels (front or rear) may be reduced to 500mm provided the track of the second pair is 600mm minimum.

3.6. Minimum distance between front and rear axles: 650mm

3.7. Maximum height of car and seated driver (including helmet): 1050mm (to clear timing gantry)

Safety Note: Experience shows that short wheelbase cars are significantly less stable in corners and designers are urged to ensure an adequate size for their cars.

4. Motive Force

Motive force must be that of a single driver only, at all times during normal racing. Push starts, kinetic energy recovery systems, etc., are forbidden. It is permitted to push or carry a stricken or failed car clear of the track and to the pits for repairs.

5. Manoeuvring

5.1. Steering shall be provided such that the car has a turning circle of not more than 10,000mm diameter (which includes the width of the car) when underway.

5.2. The design of the steering shall be such that the wheels can be moved from full left lock to full right lock in one uninterrupted movement.

5.3. Steering must be effective on front wheels by a safe system of rods or cables. All linkages must be secure and free of excessive play. Four-wheel steering systems are permitted. Steering systems acting only on rear wheels are banned.

6. Braking

Braking must be effective and balanced on at least two wheels for the entire duration of the race. From the start of the 2021 season, new build cars must not employ "rim-brakes" (brake blocks acting directly on the wheel rims). **Disk brakes or hub brakes must be used.** For existing cars with rim-brakes, these must be replaced with hub or disk brakes before the start of the 2023 season.

7. Mirrors

Mirrors, if fitted, shall not extend outside the widest part of the car as measured at any point perpendicular to the centre line and must be plastic or otherwise rendered shatterproof.

8. Seating

8.1. The driving position will be between upright and supine (not prone).

8.2. The seat back recline angle must not be so excessive as to prevent a clear and easy view to the front.

8.3. The driver must be able to get into and out of the car unaided. Safety Note: Excessive recumbent angles on seating which in the opinion of the

organisers will endanger the driver in the event of a collision will fail scrutineering on safety grounds.

9. Fairing

9.1. If a fairing is fitted all pedallers must either be tall enough to be able to see over it, or a section must act as a transparent windscreen. In either case good all round visibility for the driver must be demonstrated.

9.2. It should not have any sharp or dangerous edges which could cause injury in the event of a collision or rolling the car.

9.3. The design of the fairing should be such that, in the event of the car rolling, drivers can protect their heads with their arms. Where this is impossible roll bars must be fitted that are at least as high as the tallest pedaller in the team when seated and wearing a crash helmet.

10. Safety

10.1 Hand controls shall not be positioned near the chain or sprocket wheels. British Federation of Pedal Car Racing: British Pedal Car Specification Issue 5 (2022) Last updated and effective from January 2022 3

10.2 No protruding parts, which in the opinion of the scrutineers could cause damage or injury, will be permitted.

10.3 All components shall be securely fixed to the car and in good condition.

10.4 Any entry, which, in the opinion of the scrutineers, is unsafe, will be refused permission to start.

10.5 For the safety of all, suitable protection must be provided, within the overall permitted dimensions, to any items considered a danger by the scrutineers. This could be in the form of bumpers, crash bars or a fairing.

11. Identification

11.1 Racing numbers must be clearly visible from the front, back and both sides of the car, from any reasonable viewing angle, including those represented by other competitors, race marshals and possible manual lap scorers.



Pedal Car Construction

Pedal cars can be built using parts of old bicycles of any size or type. There are plenty of

bikes to be had at the local tip or car boot sales for a small amount of cash, if you look.

BMX bikes are best for making pedal cars, but not essential.

Chassis Design

The best way to design a frame is to sit on the garage floor. With legs outstretched, mark

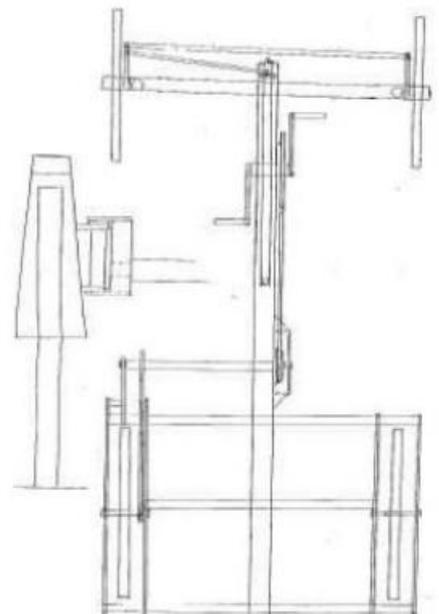
out with some chalk where the base of the seat is to go and the furthest point to which

your legs will reach.

Measure back from your foot, mark the length of a pedal crank (170mm) and this is the point to place the centre of the pedal car's bottom bracket shell.

Allow a couple of inches (50mm) for seat padding and this is the seat back position. If you now draw a straight line between your two marks and parallel lines 500mm either side, then

these are the limits of the car as it begins to take shape. With the axle drawn in, the position of the



front wheels can also be determined. The best place for the rear wheels is behind the rear seat Line. Having established the basic positions of the wheels, the builder needs to decide whether to have a rear axle or not, and whether the wheels will be supported by forks like a cycle, or mounted on a hub like a car. With a rear axle, the chain may simply be passed under the seat to a drive cog on the axle. If only one of the rear wheels is to be driven, then some provision will have to be made for transferring the drive from the centre line to the driven rear wheel. Since most courses are clockwise in direction, then the driven wheel will be on the outside (left rear wheel) or the rear of the car can be made with the rear end of two bicycles.

Cut the down tube just in front of the pedal crank, and cut the top tube off at the pedal post. This gives you the rear triangle to take the wheel, brakes and means to drive one or both rear wheels.

Of course you will need to do this twice!



In respect of the wheels, the forks give more support than the hub, but the hub saves weight. Wheels that will take side load are essential. BMX wheels for example, **not Plastic**.

The most convenient height for the chassis would be the same as the wheel centres, this would allow for the axle stubs to be mounted at chassis level. However, with a maximum wheel diameter of 560mm this leaves only 280mm for the pedal crank arms, the heel of the foot and 25mm clearance. It will therefore be found that the pedal crank will have to be mounted at a height of around 300mm above ground level.

The two simplest alternatives then are to mount the pedal crank above the chassis line or mount the wheels below. (Figure 2)

At this point I should explain the reason for only one central spine to the chassis.

Whilst they have a certain amount of success, the one problem encountered with a parallel chassis frame is that it does not allow for flexing.

This means there is a tendency on fast corners for the inside wheels to liftoff the ground. With just one central spine, however, there is sufficient flex in the chassis to keep all four wheels on the

ground. The centre spine can be made using the pedal crank

or bottom bracket with the pedal crank in it, using a down tube and crank from another bike. This goes forward to take the front axle.

Seat

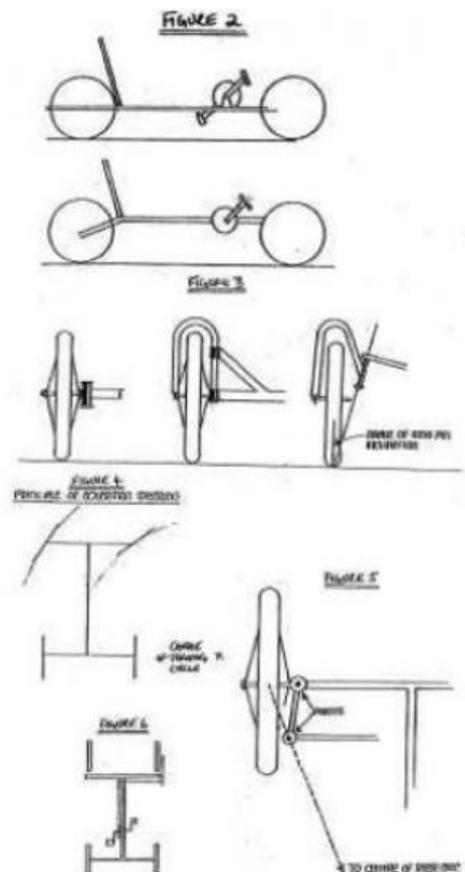
All the power pushed into the pedal has to be countered by the seat and therefore its strength is vital. There is probably much to be said for building the seat and designing the car around it. It should be high enough in the back to support the shoulders.

In a team of unequal sized drivers, there may be a case for installing an adjustable seat based on a car seat sub-frame. However, it may be more practical to equip the shortest driver with a cushion strapped to their back!

Steering

The way in which the front wheels are attached to the frame will, of course, be dictated by the way in which they are supported. There are basically two ways in which this may be done.

The first method is to support the wheel by means of a stub axle from one side of the wheel only.



This method is perhaps the most elegant but inevitably weaker way than the second method of supporting on both sides by means of forks. (Figure 3) These could be forks from two bicycles cut down.

For anyone with limited machining facilities, I would suggest the 'forks method' of supporting the wheel is the one to go for. The next decision is the means by which the wheel is 'hinged' to the frame. In the case of the one-sided hub arrangement, then this swivel would be incorporated into the hub/axle. In the case of the 'forks' arrangement, the forks themselves can be attached to the frame via two stem heads from two bicycles.

The next principal is to grasp the Ackerman steering. From the illustration in Figure 4 you will see that the only time the front wheels should be parallel is when they are pointing dead ahead. When they are turning into a corner they should turn by different amounts, the sharper the corner, the greater the difference with each wheel following a different arc.

Fortunately, the way this wheel alignment is achieved is straightforward. The first method is one adopted on soap-box carts with the front axle swivelling about the central

Chassis.

The second and more convenient method is by the use of track rods. The angles of attachments are calculated as follows. (Figure 5) Begin by drawing a straight line between the point at which the front wheel touches the ground and the centre of the rear axle.

Repeat this process for the opposite side. Selecting a point 150mm or so back down these lines will be the point at which the steering would be linked. If arms are now attached to the forks which terminate at these points, they may be linked together with swivels at each end and the wheels should now stay in track.

All that now remains is to design some means of moving the track control arm from side to side and the steering will be almost complete. This is normally achieved by means of a steering column held in a cycle drop tube. The steering column has an arm attached at 90 degrees. The length of this arm will decide the steering ratio and is the final variable in the whole geometry. Trial and error will be the simplest way of deciding on the final arrangement, but as a

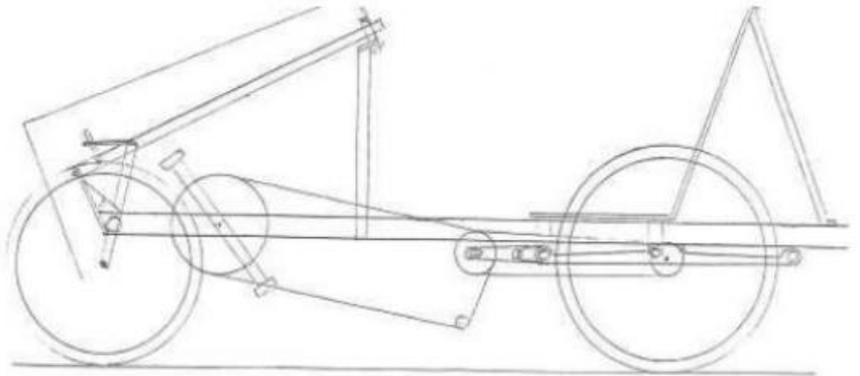
guide it will be found that 100mm track rod ends and a 100mm offset on the steering column, will be a good starting point for further experiment.

British Pedal Car Grand Prix 2018 - www.britishpedalcargrandprix.org

Transmission

As mentioned earlier, there are

two basic ways in which to arrange the transmission for your car. The first is to use a rear axle with a centrally located



cog which accepts its drive directly from the front sprocket.

Although it may need some form of jockey wheel to guide it beneath the seat and take up the tension in a long chain, it is a direct, and therefore an efficient means of getting power to the back wheels. The lucky scavenger may even be able to find an adult sized rear axle from a tricycle, which will incorporate a differential and frequently a three-speed or even derailleur type gear attached.

The next and more popular layout is to use a lay shaft to transfer drive from the centre to the outside of the car. (Figure 6) A front chain sprocket drives a chain to a five-speed freewheel and a derailleur located below and in front of the seat. The freewheel is attached to one end of a shaft as a cog attached in line with the rear wheel. A simpler and equally effective arrangement is to have a lay shaft with fixed cogs at each end, but utilise a Sturmey three-speed hub in the driven wheel. A chain between these completes the drive mechanism. All that remains then is to couple the gear changing to a selector.

Bodywork, Brakes, etc

A certain amount of bodywork must cover the front and sides of the car. There must be sufficient paneling to allow the car number to be clearly displayed front and back.

Design is purely down to the individual and original ideas are always welcome, but NO DANGEROUSLY PROTRUDING PARTS due to safety issues.

Efficient braking is essential and the most popular arrangement is the use of cycle caliper brakes mounted to both rear wheels. The brake levers are mounted on the handlebars with the shortest possible run of cable between levers and brakes securely attached to the frame. In some cases it may be worth while having the brakes operate on the front wheels, but only if they can be fitted successfully.

